

ANDREW JURDAN, LMT

PROFESSIONAL EXPERIENCE

2017–Present **Elizabeth Grady School of Massage Therapy** Medford, MA

Instructor

- Teaches and assists with course curriculum for the massage therapy program at Elizabeth Grady School

1996–Present **Zen Therapeutic Massage & Bodywork** Jamaica Plain, MA

Massage Therapist and Educator

- helps clients with a broad range of issues including injury recovery, chronic pain, pregnancy, physical conditioning & training, and other stresses of the human condition
- Develops and teaches CE courses including Zen Shiatsu, Pregnancy Massage, Research Literacy, and Pain Science

2009-2016 **Cortiva Institute – Boston Campus** Watertown, MA

Instructor

- Taught and developed course curriculum for the following classes: Anatomy, physiology and pathology; Research literacy and clinical reasoning; Musculoskeletal anatomy and kinesiology; Sports and neuromuscular massage
- Developed and taught continuing education classes in Pregnancy Massage and Shiatsu

2000-2009 **Palmer Institute of Massage and Bodywork** Salem, MA

Instructor

- Developed and taught course curriculum for the Shiatsu, Sports Massage, Pregnancy Massage, Palpation, and Pathology programs, in addition to the National Certification Preparation Workshop

1999–2001 **Massage Institute of New England** Somerville, MA

Instructor

- Developed and taught course curriculum for the Anatomy and Physiology program

EDUCATION

1995–1997 **East-West College of the Healing Arts** Portland, OR

- 661-hour Massage Training Program

1999 **Complementary Medicine Program** Stoneham, MA

- Training in massage therapy for the prenatal, labor and postpartum period

PROFESSIONAL MEMBERSHIPS

American Massage Therapy Association #53332

NCBTMB – Past SME for Exam Development Committee

REFERENCES

"Learning from Andrew was an opportunity for which I will be forever grateful. More than anything, his commitment to developing intelligent massage therapists distinguishes him as a strong leader in his field and a valuable mentor. Andrew balanced the larger needs of the school and the class while ensuring that I developed my skills and was able to step into the field upon graduation. I feel confident that his care and attention to his students has positively affected the massage therapy profession in the Boston area at large." -Sarah Mae Gibbons

- *additional references available upon request*

670 CENTRE STREET, SUITE #2
JAMAICA PLAIN, MA 02130
781-492-8343 ANDREW@ZENBODYWORK.COM