

Curriculum Vitae

Tammy Roecker, CMBE, CEP, LMT

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Summary/Bio: Tammy Roecker is the President of the Arizona School of Medical Massage and Wellness, LLC, established in 2022, and licensed by the Arizona Private Post-Secondary School Board #NAV-01728. She has been a self-employed, Arizona State Licensed Massage Therapist (LMT), NCBTMB Board Certified in Therapeutic Massage and Bodywork (BCTMB), and an active member of the American Massage Therapy Association for over 30 years.

Tammy achieved the credential CMBE (Certified Massage and Bodywork Educator) and was honored as the AFMTE's (Alliance for Massage Therapy Education) 2019 Continuing Education Provider-Educator of the Year! She has provided continuing education for 17 years to not only Licensed Massage Therapists, but also RNs, OTs, PTs, LCSWs, and other Healthcare Professionals, and currently has many classes with a wide variety of subjects available at ASMMW's CE Center. NCBTMB APCE# # 451688-11 and AZ LMT MT-04599P.

She has additional certifications in Pre/Peri-Natal Massage, Birth Doula, Childbirth Educator, International Infant Massage Instructor and Trainer, and a Certified Personal Trainer with extra training in Perinatal and Geriatric Fitness. In addition, she is certified as a Master Myoskeletal Therapist (MMT) with Erik Dalton's Freedom From Pain Institute and as a Certified Medical Massage Therapist with Dr Ross's Science of Massage Institute.

Tammy founded the Early Bonding Foundation and serves as the president of the non-profit 501c3 Corporation. She has provided many workshops with grants and fundraising which helped to train Native Health-Phoenix, AZ Community Health Workers, Nurse Home Visitors, and staff of the Health Start/FASD Prevention, Bureau of Women's, and Children's Health.

She has worked with the Arizona Department of Health Services, Indian Health Services prevention/promotion programs and has provided many workshops for the Navajo, Apache, and Pima Tribes, and has further collaborated with Community Health Workers, Early Intervening Services (EIS) and Response to Intervention (RTI) therapists, Meth and Suicide Prevention Initiative, public health nurses, obstetric nursing staff, and Health Promotion's counseling staff.

Objective

To provide excellent, evidence-inspired massage education at the entry-level and continuing education for all healthcare professionals, and to serve the community of massage therapists in Arizona, as well as the public.

Certifications and Skills

- CMBE-Certified Massage and Bodywork Educator #CE-00008 - demonstrates competency in the National Teacher Education Standards for Massage Therapy Teachers (through the AFMTE 2019).

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- APCE (Approved Provider of Continuing Education) Approved Provider of Continuing Education-ASMMW-TR Seminars/Early Bonding Foundation-Tammy Roecker, NCBTMB APCE# 451688-11, Since 2008
- Master Myoskeletal Therapist (MMT)-Freedom From Pain Institute, April 2024
- Certified Medical Massage Therapists-Science of Massage Institute, April 2024
- First Aid/CPR/AED Instructor-BL-r.21 Online + Classroom, January 2024
- AZ, NAR Realtor® Lic#SA694092000 May 2020
- Founder and President of the Early Bonding Foundation, a 501c3 nonprofit Corp Since 2012
- AZ State Licensed Massage Therapist Since 1993 #MT-04599P (BCTMB) Board Certified
- Nationally Certified Massage Therapist NCBTMB Since 1997 #44524-00
- Certification in Pre-and Perinatal Massage- Body Therapy Associates 2006
- Certified Birth Doula- Nurturing Hearts Birth Services, August 2009
- Certified Childbirth Educator- Nurturing Hearts Birth Services, August 2009
- Certified Personal Trainer AFAA 1999
- Certified Infant Massage Instructor/Trainer-IAIM- CIMI 2004/CIIT 2008
- Certified Laser Technician- Greater Laser Institute 2009
- Reiki Level III Healer, Usui System of Natural Healing, May 2008
- CA-Board of Registered Nursing#16373
- CE Broker approved provider for the following state boards:
 - Arizona Board of Athletic Training
 - Arizona Board of Occupational Therapy Examiners
 - Bahamas Medical Council
 - Georgia Board of Massage Therapy
 - Georgia Board of Nursing
 - Georgia Board of Nursing Home Administrators
 - Georgia State Board of Occupational Therapy
 - New Mexico Board of Nursing
 - South Carolina Board of Chiropractic Examiners
 - South Carolina Board of Nursing
 - South Carolina Board of Social Work Examiners
 - CIMEB Instructor-Medically Fragile Babies/NICU #20-769416
 - Geriatric Massage-Robust and Frail #20-689783
 - Cupping Therapy #20-689769
 - Instrument Assisted Soft Tissue Mobilization (IASTM) and Gua Sha #20689771
 - Side-Lying Massage and Stretching #20-689775
 - Kinesiology Taping #20-689773
 - Pelvic Floor #20-689781
 - Perinatal Certification Workshop #20-689779
 - Certification in Pediatric Massage and Early Bonding #20-689777

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Honors and Awards

- Educator of the Year, 2019-CE Provider-Alliance for Massage Therapy Education
- 99.9 KEZ Beth McDonald Woman of the Year award, 2017
- Arizona Birth Network, Family-Centered Caregiver Recognition, 2010, *This project serves to honor and celebrate Arizona birth professionals who provide exemplary care, as defined by The Coalition for Improving Maternity Services. These individuals base their practice on a philosophy of care that is family focused, mother-friendly and evidence-based. They work to improve the conditions under which women labor and birth, and actively discourage, or work to change practices that are not in the best interest of mothers, babies, and families.*
- America West Airlines Award, for going "Above and Beyond" in the pursuit of excellence in Customer Service, September 1994, and 1996

Professional Organizations:

- AMTA (American Massage Therapy Association)
- NCBTMB (National Certification Board for Massage and Bodywork)
- CE Broker
- ABMP

Former Member of:

- AППPAH (The Association for Prenatal And Perinatal Psychology And Health)
- AFMTE (Alliance for Massage Therapy Education)
- NAEYC (National Association for the Education of Young Children)
- DONA (Doula of North America)
- ICEA (International Association for Childbirth Education)
- AFAA (Aerobics and Fitness Association of America)

Tammy's Entry-Level Teaching Experience

Jan 2023-Current: Teaching all courses for 700-hour program including Anatomy, Physiology, Kinesiology, Pathology, Foundational Massage, Specialty Massage, Business, Ethics, and Professionalism. Using Sandy Fritz textbooks and Dr Ross Turnanichov Medical Massage Books.

Tammy's CE Teaching Experience 2023

- Jan 6-How to become a CE Provider-3CE
- Feb 25-Sidelying massage-14CE
- Mar 6-Basic and Advanced Cupping-8CE
- May 8-IASTM/Gua Sha -7CE
- May 5-Geriatric Massage-24CE
- May 20-K-Taping-8CE
- May 21-Basic and Advanced Cupping-8CE
- May 22-IASTM/Gua Sha -7CE
- May 24-PNF 8CE
- Jun 5-Basic and Advanced Cupping-8CE

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2022 CE Teaching Experience

- Jan 24-How to become a ce provider zoom webinar -3CE
- Feb 24-28 Advanced Perinatal Massage-32CE
- Mar 25-Kinesiology Taping-8CE
- Mar 26- Basic and Advanced Cupping-8CE
- Mar 27-IASTM/Gua Sha-8CE
- Apr 22-24 Infant Massage Instructor Certification-24CE
- May 27-29 Geriatric Massage for the Robust and Frail-24CE
- Jun 26 Facilitated Stretching-PNF-8CE
- Jun 27 Pelvic Floor Function/Dysfunction-8CE
- Jul 25-How to Become a CE Provider Webinar 3CE
- Aug 19-22 Advanced Perinatal Massage-32CE
- Sept 24-Kinesiology Taping-8CE
- Sep 25-Basic and Advanced Cupping-8CE
- Sep 26- IASTM/Gua Sha-8CE
- Nov 26-28 Geriatric Massage for the Robust and Frail-24CE

Tammy Roecker's Past-Teaching Experience: (Hours listed as CE) from 2009-2021

- Taught 2 Classes of (3CE) of Perinatal Trauma and Somatic Experiencing
- Taught 15 Classes of (7CE) Cupping Therapy
- Taught 12 Classes of (8CE) Kinesiology Taping
- Taught 12 Classes of (IASTM) Instrument Assisted Soft Tissue Mobilization/Gua Sha
- Taught 1 Class of (4CE) Medical Massage for Anxiety and Depression
- Taught 1 Class of (4CE) ADHD-Medical Massage for Attention Deficit and Hyperactivity Disorders
- Taught 1 Class of (4CE) ASD-Medical Massage for Autism Spectrum Disorders
- Taught 1 Class of (4CE) Medical Massage for Frozen Shoulder and Rotator Cuff
- Taught 1 Class of (4CE) SPD- Medical Massage for Sensory Processing Disorders
- Taught 1 Class of (8CE) Medical Massage for the Low Back, Hips, Sacrum
- Taught 1 Class of (8CE) Medical Massage for the Neck
- Taught 1 Class of (16CE) Pediatric Massage for Challenging Behaviors
- Taught 3 Classes of (4CE) Pelvic Floor
- Taught 20 Classes of (24CE) Geriatric Massage– Robust and Frail
- Taught 12 Classes of (8CE) of Geriatric Massage- Frail
- Taught 6 Classes of (32CE) Advanced Geriatric Massage Workshop
- Taught 4 Classes of (3CE) Lymphatic Drainage - an Essential Foundation
- Taught 5 Classes of (8E) Lymphatic Drainage - 60 min. Protocol
- Taught 16 Classes of (8CE) PNF Modalities
- Taught 3 Classes of (4CE) Consent to Treat a Minor
- Taught 17 Classes of (15CE) NICU/Medically Fragile-Pediatric Massage
- Taught 38 Classes of (25CE) CPMEB-Certificate in Pediatric Massage and Early Bonding

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- Taught 14 Classes of (24CE) CPMEB-Certificate in Pediatric Massage and Early Bonding
- Taught 16 Classes of (4CE) NICU/Medically Fragile-Pediatric Massage (Premature)
- Taught 3 Classes of (8CE) NICU-SEN- Substance exposed Newborns/Drug affected Babies. (Including FAS-fetal alcohol syndrome, opioid, meth, cocaine, marijuana) and NAS-Neonatal Abstinence Syndrome
- Taught 1 Class (4CE) Fertility Massage
- Taught 25 Classes of (15CE) Perinatal Massage: Techniques for the Most Common Problem Areas
- Taught 4 Classes of (6CE) Pregnancy-most common complaint areas
- Taught 14 Classes of (8CE) Pregnancy-most common complaint areas
- Taught 44 Classes (8CE) Labor Massage
- Taught 39 Classes of (32CE) Perinatal Massage Workshop (Includes Pregnancy, Labor, and Postpartum Massage)
- Taught 8 Classes of (36 CE) Advanced Perinatal Massage Therapist (Certification EBF)
- Taught 8 Classes of (8CE) Postpartum Massage
- Taught 29 Classes of (16 CE) Perinatal Massage Workshop - Pregnancy
- Taught 5 Classes of (12 CE) Perinatal Massage Workshop - Postpartum
- Taught 15 Classes of (8CE) Pregnancy Massage
- Taught 3 Classes of (2CE) Working with Pregnant Clients (Lecture Only)
- Taught 15 Classes of (3CE) Basic PNF - An Essential Foundation
- Taught 3 Classes of (6CE) PNF - Assisted Stretching [08]
- Taught 24 Classes of (8CE) PNF -Assisted Stretching
- Taught 8 Classes of (7CE) Side-Lying Massage and Stretching: Lower Body
- Taught 15 Classes of (14CE) Side-Lying Massage and Stretching
- Taught 8 Classes of (7CE) Side-Lying Massage and Stretching: Upper Body

2024 Instructor Education CE

- Jan 4, 2024-First Aid/CPR/AED Instructor-BL-r.21 Online + Classroom-Red Cross 7.50CE
- Feb 1-2, 2024 AMTA Schools Summit
 - o Course Name: Marketing Your Program and Attracting Students
Speaker(s): Selene Del Valle, Tiffany Hemrick, Jeffrey Shuman
Number of CEs: 1.00
 - o Course Name: Building Connections to Support Success in Massage Therapy Graduates
Speaker(s): Lurana Bain
Number of CEs: 1.00
 - o Course Name: AMTA 2024 Massage Profession Research Report
Speaker(s): Demara B. Stamler, Ms. Winona F. Bontrager, LMT
Number of CEs: 1.50
 - o Course Name: Admissions, Retention, and Student Support: Optimizing Limited Resources in Your School
Speaker(s): Michelle Cordero
Number of CEs: 1.00
 - o Course Name: Beyond the Textbook: Active Learning for Long-Term Retention
Speaker(s): Mrs. Donna Mollett Schriver

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Course Date: 02/01/2024

Number of CEs: 1.00

- o Course Name: Best Practices for Keeping Your Course Content Fresh and Current
Speaker(s): Pete Whitridge
Number of CEs: 1.00
- o Course Name: Promoting Collegiality in the Classroom
Speaker(s): Christopher Deery
Number of CEs: 1.00
- o Course Name: The Science of Learning: Understanding the Brain to Transform Teaching
Speaker(s): Ashley Hayes
Number of CEs: 1.50
- o Course Name: Mentoring Faculty, Staff and Students
Speaker(s): Jeffrey Montoya
Number of CEs: 1.00

2023 Instructor Education CE

- Jan 10, 2023-Creating Healthy Boundaries 3.00
- Feb 9-10, 2023-AMTA School Summit, Kansas City
- Apr 28-29, 2023-ABMP School Forum:
 - o Keynote - Moving Forward by Looking Backward-Les Sweeney-1.5CE
 - o How to Inspire Self-Care Lifestyles, Heath & Nicole Reed -1.5CE
 - o Using Cultural Intelligence to Disrupt Bias and Embrace BEAUTY- Janet Williams-1.5CE
 - o UnSession with Kristin Coverly-1.5 CE
- Jun 8, 2023, Integrating Assessments into Intake 3.00

2024 LMT Education CE

- Apr 14, 2024, Technique Tour, 16.00 Freedom from Pain Institute #157429-00
- Apr 14, 2024, Treating Trapped Nerves, 16.00 Freedom from Pain Institute #157429-00
- Apr 13, 2024, The Art of MAT, 16.00 Freedom from Pain Institute #157429-00
- Apr 13, 2024, Motion is Lotion Myoskeletal Techniques, 16.00 #157429-00
- Apr 13, 2024, Myoskeletal Techniques Shoulder, Arm and Hand, 16.00 #157429-00
- Apr 12, 2024, Myoskeletal Alignment Techniques-Upper Body Specialist, 20.00 #157429-00
- Apr 11, 2024, Professional Ethics for the Modern Manual Therapist, 6.00 #157429-00
- Apr 11, 2024, Myoskeletal Techniques Posture and Pain Specialist, 20.00 #157429-00
- Mar 30, 2024, Dynamic Body Myoskeletal Techniques for Low Back & Leg, 32.00 #157429-00
- March 22-The Back Jam Homestudy, Massage Mentor, LLC NCBTMB provider #49-10CE

2023 LMT Education CE

- Nov 19, 2023, Integrated Manual Therapy and Orthopedic Massage for Lower Body Conditions, 16.00 James Waslaski #50-1075
- Oct 24, 2023, Medical Massage Basics, Mid back pain, intercostal nerve neuralgia, TMJ Dysfunction and Positioning Vertigo, 24.00 Dr Ross SOMI #312994-00
- Sep 10, 2023, Myoskeletal Alignment Techniques UPPER AND LOWER BODY, 16.00#157429-00
- Aug 30, 2023, The Shoulder Jam, 15.00 #49
- July 30-Locking Lumbar - Psoas & Multifidus, Massage Mentor, LLC NCBTMB provider #49-1CE

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- July 29-HIP JAM Home Study-. Massage Mentor, LLC NCBTMB provider #49, 12CE
- June 25- Tibial Trouble- Posterior tibialis & Short Head of Bicep femoris-1CE, Instructor-Aubrey Erickson, Massage Mentor, LLC NCBTMB provider #49
- June 20-The Neck Jam Event Homestudy #49 NCBTMB Massage Mentor, LLC-13CE
- June 3- Introduction to Visceral and Neural Manipulation 9-12am Veronika Campbell- 4CE
- March 18-19- Precision Neuromuscular Therapy (PNMT) for the Cervical Spine (2-day course) Instructor Julie Nichols-16CE
- Feb 18- Day Medical Massage Seminar with Presenter: Dr. Ross Turchaninov, MD, PhD, Introduction to Medical Massage from Theory to Application, Medical Massage Techniques, Medical Massage Protocol for Chronic Tension Headache and Migraine-24CE
- Jan 29-Sports Massage: Ethics and Building Trust, AMTA-2.5CE
- Jan 11-Creating Healthy Boundaries, AMTA-3CE

2022 LMT Education CE

- 8/27-29/2022-Medical Massage/SRM Dr Ross- OSTEOARTHRITIS, TENSOR FASCIAE "LATAE MUSCLE SYNDROME: ILIOTIBIAL (IT) BAND TENS 24CE

Udemy LMT Education CE 2022-23

- Apr 30-IASTM Deep Tissue Massage-2CE
- May 8-Acupressure Massage Therapy-2CE

2018-2019 -Formal and Informal Teaching Education

Glendale Community College (Attending Aug 26-Oct 18, 2019)

- EDU-250 Teaching and Learning at the Community College

Grand Canyon University (July 15-August 20th, 2019)

- UNV-103 University Success, by Esther Kuehl GPA 4.0

AFMTE 2019 Biennial Congress (July 25-28, 2019)

- Update on Industry Forum and Next Steps with Niki Munk & Diane Mastnardo
- Panel: Teaching Up-to-Date and Accurate Information with Jill Kristen Berkana, Doug Nelson, Ruth Werner & Pete Whiteridge
- Educator Certification Update with Virginia Cowen, Deanna Sylvester & Ruth Werner
- Publishers and Authors Panel with Books of Discovery, Elsevier, Handspring Publishing & Sohnen-Moe Associates
- Roundtable Discussions
- Solving the Mystery...Strengthening Educational Approaches with Educational Research, by Brent Jackson
- Teacher Certification Program: Preparing Your Portfolio, by Virginia Cowen, Deanna Sylvester & Ruth Werner

TeachME CEUs Online Professional Development

- 01/05/18 #02-844 Searching for Efficacy in Competency-Based Education
- 02/05/18 #02-817 Ensuring Quality and Equity in Competency-Based Education
- 04/11/18 #02-859 Empowering Students Through Personalized Learning
- 07/12/18 #02-860 Promoting Educational Technology in Teacher Preparation

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- 01/ 30/19 #02-845 How Student Behavior Impacts Teacher's Emotions

AMTA Online

- Jan 29, 2019, Self-Evaluation for an Ethical Practice
- Jan 29, 2019, Sports Massage: Ethics and Building Trust

Summit CE Courses Live and Online

- 03/25/17 The Essentials of Therapeutic and Kinesiology Taping New, Comprehensive Techniques for the
- 10/06/17 Activities and Resources to Manage Behaviors for Autism & Sensory Processing Disorders in Children and Adolescents
- 11/29/17 Differentiating Sensory from Behavior Linking Sensory Integration and a Strength-Based Approach to Assess and Address Challenging Behaviors in Children
- 12/04/17 Identification and Treatment Techniques Using Myofascial Release
- 12/08/17 Assessment, Treatment, and Rehabilitation Strategies for Concussion and Mild TBI
- 01/31/18 Therapeutic NICU Interventions & the Transition to Home: Essential Strategies to Prevent Developmental Delays or Weaknesses in Sensory and Motor Skills
- 03/25/18 Functional Pelvic Floor Training for Weakness, Pain, and Dysfunction in Men, Women, and
- 03/25/18 Shoulder Disorders | Diagnosis, Management and Evidence-Based Treatment
- 03/25/18 Applying the Evidence for Positive Outcomes | Effective Geriatric Rehab | A One-Day Seminar for PTs and OTs
- 03/25/18 Practical and Complementary Interventions for Autism, Asperger's, Sensory & ADHD in Children & Adolescents • 03/25/18 Rotator Cuff Disorders
- 04/07/18 Assessment and Treatment of Pediatric Neurodevelopmental Disorders Achieve Developmental Progression in Infants and Children with Cerebral Palsy, TBI, Down Syndrome, and other Neuromotor Disorders
- 04/19/18 Evidence-Based Strategies for Infant Positioning and Handling Using Tummy Time to Influence Motor, Vision, and Language Development
- 06/25/18 Achieving Functional Progression in Dementia Care Improving Patients' Quality of Life and ADLs Through All Stages of Dementia
- 06/25/18 Functional Geriatrics: Documentation and Treatment Strategies Every Therapist Must Know to Improve Function and Outcomes
- 07/19/18 An Evidence-Based Developmental Approach to the Pediatric Brain Bridging Vestibular, Interoception, and Neuroplasticity Foundations to Improve Sensory, Motor, and Language Development
- 07/27/18 Sensory Integration & Speech Delays: How Sensorimotor Issues Impact the Development of Speech, Language, and Social Skills
- 07/27/18 Rehab Strategies for COPD, Diabetes, Heart Failure, and Hypertension
- 09/17/18 Effective Interventions for Oppositional and Defiant Behaviors Strategies to Rewire the Brain to Improve Behavior and Development
- 10/07/18 Strengthening Core Stability Utilizing Functional Exercise Plans to Enhance Function, Balance, Mobility, and Decrease Fall Risk
- 01/07/19 The Latest Advances in Manual Therapy, Core Activation, and Exercise Progression

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Integrating Evidence-Based Manual and Exercise Treatments to Improve Outcomes and Reduce Pain

•01/07/19 Autism Across the Spectrum Current, Practical Strategies for Behavior and Skill

Development in Every Level of Autism

•2022-GCU-Grand Canyon University, Arizona. CWV 101 and pre-Calc

Higher Education

- Glendale Community College (Aug 26-Oct 18, 2019) EDU-250 Teaching and Learning at the Community College
- Grand Canyon University, Biology and Pre-Physical Therapy Program; Summer 2019 GPA 4.0
- Phoenix Therapeutic Massage College, 1992-1993; Graduated 3.88 GPA
- Rio Salado Community College, Phoenix, Arizona Dean's Honor Roll Fall 1994 Semester; 4.0 GPA Reservations, Automatic Ticketing, Advanced Airlines Technology Systems America West Airlines, 1988 Customer Service Representative (CSR) Certification
- Arizona State University, Tempe, 1988-1989; Psychology, Geology, Biology
- Mesa Community College, Arizona, 1987-1988; Psychology, Accounting, Marketing, Public Relations, Management and Supervision, Business
- West Bend West High School, Wisconsin. Graduated June 1986; 3.87GPA
- University of Wisconsin, Washington County 1986-87 basic studies/psychology

Other Experience

America West Airlines, 1988-1996, Reservations Agent, Ticket-by-Mail Agent, Outside Sales Representative, Remote Ticket Counter Representative; Gates, Ticket Counter and Customer Service Assistant at Phoenix Sky Harbor Airport.

Self-Employed Massage Therapist, 1995-Current, with occasional outside independent contract work for health spas (Paradise Med Spa, Radiance Med Spa, Rolf's) or Sporting Events (First Wave Tri Club Sponsor)

Self-Employed Laser Technician, laser hair removal, 2009-2010

Self-Employed Birth Doula, 2009-Current

Self-Employed Childbirth Educator, private and group classes, 2009-Current

In-Service Presentations:

- Building Arizona Families, Adoption Agency, 2009, on Infant Massage.
- Down's Syndrome Support Group Meeting, 2009, on the benefits of infant massage for children with special needs.
- Midwestern University, 2010, on Pregnancy Massage Positioning and Contraindications
- Recreation Centers of Sun City West, Inc-Geriatric Couples Massage, Geriatric Couples Stretching, Aromatherapy Workshop. 2016-Current
- Self-Care and Stress Management-Native Health 2016-Current
- Preventing Abuse-Native Health 2016-Current
- Massage Therapy for ADHD/Anxiety and Depression-Native Health-2017
- NICU Adaptions for Infant Massage-Banner Hospital-2017

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Continuing Education Presenter:

- NHPC-National Health Practitioner's of Canada, Virtual International Conference- Kinesiology Taping-4 Hour Live webinar-June 17, 2022.
- Presenter at APPPAH's 2021 Virtual International Congress-The Science and Mystery of Pregnancy and Birth: How They Shape Our Minds, Bodies, and Societies. Two-hour presentation on Perinatal Trauma and Somatic Experiencing. Sunday, November 21, 2021
- Massage Envy University; 2011-Current. Pregnancy Massage, Manual Lymphatic Drainage, and PNF Assisted Stretching seminars
- Cortiva Institute/The Steiner Group-Phoenix and Tucson; 2011-Current. CIMEB Certification in Infant Massage and Early Bonding, Perinatal Massage-for the most common complaint areas during pregnancy, labor, and postpartum, Pregnancy Massage, PNF Assisted Stretching seminars, side-lying sports massage.
- NHPC-National Health Practitioner's of Canada, 2012 Conference, Banff, Canada, Perinatal Massage, and 2017 National Conference in Edmonton, Alberta
- Native Health, Health Start/FASD Prevention, Bureau of Women's & Children's Health, Arizona Department of Health Services; Phoenix, Arizona, May 2013-Current
- Public Health Nurses, Abrams Public Health Center, Tucson, Arizona, December 2013, Certification in Infant Massage and Early Bonding
- Navajo County Public Health Services-Community Outreach-Injury Prevention and Preconception Health. Show Low, AZ. July 21-23, 2014. Certification in Pediatric Massage and Early Bonding workshop
- Designs For Learning, Prevention; Early Intervening Services (EIS) and Response to Intervention (RTI) Aug 6-8, 2014; Which enabled Navajo Tribe's neonatal nurses and other health employees of the Indian Health Services in Chinle, AZ to learn infant and pediatric massage and early bonding techniques to teach parents. This was a collaborative effort commissioned by IHS Chinle Service Unit's Meth and Suicide Prevention Initiative, public health nurses, obstetric nursing staff, and Health Promotion's counseling staff.
- The Healing Arts Connection, Pregnancy, labor, postpartum, infant, pediatric, geriatric. Phoenix, AZ, 2015-2018
- Education Board Committee and the Loving Birth Committee-Divisions of The Foundation For Living Medicine, Founder/President Gladys McGarey (Mother of Holistic Medicine) Scottsdale, AZ 2008-2014