

1. What projects or committee work have you been engaged in as an Alliance member this past year?

While I am not a current member of the Alliance, I have remained actively engaged in massage education through my role as Institutional Director at the Nashville School of Massage Therapy. While my formal committee involvement with the Alliance has been limited, I have consistently participated in professional discussions, educational initiatives, and efforts to improve student outcomes and educator development. I have also maintained a strong focus on MBLEX preparation, curriculum quality, and school operations, all of which align closely with the Alliance's mission to advance massage therapy education.

2. How have you found the time commitment for Alliance activities? What level of commitment could you make as a Board member?

I understand that meaningful board service requires both consistency and accountability. As an Institutional Director, I regularly balance administrative responsibilities, faculty support, student services, and strategic planning. Because of my experience managing multiple priorities, I am confident in my ability to commit the recommended 5–10 hours per month, as well as additional committee work when needed. I view board service as an opportunity to contribute to the profession and would prioritize the responsibilities associated with the role.

3. Reflect on your leadership experience and how it would help you contribute to the Board.

My leadership experience includes serving as Institutional Director of a massage therapy school, where I oversee educational quality, regulatory compliance, faculty development, student success initiatives, and operational planning. Prior to this role, I spent many years teaching massage therapy and mentoring future professionals. These experiences have strengthened my ability to collaborate, solve problems, navigate differing perspectives, and make decisions that balance both organizational goals and individual needs. I believe these skills would allow me to contribute thoughtfully and effectively to Board discussions and initiatives.

4. What are your strengths and weaknesses?

One of my greatest strengths is my ability to build relationships and create collaboration among diverse groups of people. I am also highly organized and solution-oriented, which helps me navigate challenges while keeping long-term goals in focus.

A weakness I continue to work on is taking on too much responsibility myself rather than delegating. Because I care deeply about outcomes, I sometimes assume additional tasks when I could empower others more effectively. Over time, I have become more intentional about delegation and developing others' strengths.

5. What are the current strengths and weaknesses of AFMTE and its Board?

I believe AFMTE's greatest strength is its commitment to advancing massage therapy education through professional development, research, networking, and educator support. The organization serves as an important voice for educators across diverse educational settings.

One challenge facing many professional organizations, including AFMTE, is maintaining engagement among newer educators and attracting future leaders. Continuing to expand outreach, increase visibility, and create opportunities for emerging educators to participate in leadership development will be important for sustained growth.

6. What unique role could you play in helping the organization develop over the next two years?

I believe I can bring the perspective of a working school administrator who is actively engaged in the day-to-day realities of massage education. My experience overseeing student success initiatives, faculty development, enrollment management, and MBLEX preparation provides practical insight into the challenges educators and schools face. I would like to help strengthen connections between educational theory and real-world implementation while also supporting leadership development for future educators.

7. How would you ensure you are accessible and open to membership input?

I believe effective board service requires active listening. I would make myself available through conferences, virtual meetings, email communication, and networking opportunities. I would actively seek feedback from members, especially those whose voices may not always be represented, and I would strive to ensure that concerns and ideas are brought forward respectfully and thoughtfully.

8. What are the responsibilities and limits on Board members speaking for the Board?

Board members have a responsibility to represent the organization professionally and uphold decisions made collectively by the Board. While individual board members may share their personal perspectives, they should not speak on behalf of the organization unless authorized to do so. Maintaining confidentiality, respecting governance processes, and supporting official board decisions are essential responsibilities of board service.

9. What is your long-term vision for AFMTE?

My long-term vision is for AFMTE to continue being recognized as the leading resource and advocate for excellence in massage therapy education. I would like to see increased educator engagement, stronger leadership development pathways, expanded research initiatives, and greater collaboration among schools, educators, regulators, and industry stakeholders. Ultimately, I envision AFMTE helping shape a future where high-quality education strengthens both the profession and the public's trust in massage therapy.